

BHARATIYA VIDYA BHAVAN , KOCHI KENDRA			
STD IV - GENERAL SCIENCE YEAR PLAN 2026- 2027			
MONTH	TOPIC	SUB -TOPICS	CONCEPTS
JUNE	CHAPTER 3 - NATURE TRAIL	Nature trail adventure, Forest safety rules, Wildlife discoveries, Birds and their adaptations, Water animals	Nature is best understood by direct hands on experience
JULY	CHAPTER 3 - NATURE TRAIL(Contd.)	Insects, Leaf vein patterns, Web of life	Plants show diversity in leaf shape,colour,size and veins, All living things are interconnected and interrelated.
MID TERM EVALUATION I (JULY 27th - AUGUST 3rd) CHAPTER 3 - NATURE TRAIL			
AUGUST	CHAPTER 6 - HAPPY AND HEALTHY LIVING	When do I feel happy,Journey of grains,Gratitude to mother nature,Mindful eating,	Happiness is connected with food,play and daily life.
SEPTEMBER	CHAPTER 6 - HAPPY AND HEALTHY LIVING (Contd.)	Valuing food,Enjoy sports,Sleep well,Feeling safe	Food wastage shows disrespect to the hard efforts of all those helped to bring food to our plate.
TERM END EVALUATION (SEPTEMBER 28th - OCTOBER 9th) CHAPTER 3-NATURE TRAIL, CHAPTER 6- HAPPY AND HEALTHY LIVING			
OCTOBER	CHAPTER 5 - FOOD FOR HEALTH	Food festival and diversity of food, Six Tastes, Millets and traditional foods	Regional foods, healthy food habits, six tastes, Nutrient rich millets
NOVEMBER	CHAPTER 5 - FOOD FOR HEALTH(Contd.)	Importance of food and food groups, Junk food and healthy eating, Water for health and Balanced food plate, Different methods of Cooking	Food groups, junk food and its disadvantages, Balanced diet, methods of cooking
DECEMBER	CHAPTER 5 - FOOD FOR HEALTH(Contd.)	Safe and Sustainable Cooking	Solar cooker Environment-friendly cooking
MID TERM EVALUATION II (DECEMBER 14th -DECEMBER 21st) CHAPTERS -5 FOOD FOR HEALTH			
JANUARY	CHAPTER 7- HOW THINGS WORK	Spinning motion ,Rotational motion and balance	Spinning is a motion in which something moves round and round around a centre point.
FEBRUARY	CHAPTER 7- HOW THINGS WORK(Contd.)	Heavy and light objects,Floating and sinking	Objects float if lighter than water and sink if it is heavier.
MARCH	REVISION		
FINAL EXAMINATION (MARCH 8th- MARCH 19th) CHAPTER 3 - NATURE TRAIL, CHAPTER 5-FOOD FOR HEALTH, CHAPTER 7- HOW THINGS WORK			